

For adults with immune thrombocytopenia (ITP)

# STRIVE FOR STABILITY, REACH FOR REMISSION

**When steroids stop working well enough, Nplate® has been proven to provide platelet stability and the possibility to stop treatment\***



\* Remission was a secondary objective in the Nplate® clinical study. It occurred in 32% of patients (24 out of 75) and was defined as keeping platelet counts at or above 50,000 for at least 6 months while off treatment. The main objective of the study was to look at how platelet count responded to Nplate® (see page 8).

**APPROVED USE:** Nplate® is a prescription medicine used to treat low blood platelet counts (thrombocytopenia) in adults with immune thrombocytopenia (ITP) when certain medicines or surgery to remove your spleen have not worked well enough.

Nplate® is not for use in people with a precancerous condition called myelodysplastic syndrome (MDS), or low platelet count caused by any condition other than immune thrombocytopenia (ITP). Nplate® is only used if your low platelet count and medical condition increase your risk of bleeding. Nplate® is used to try to keep your platelet count about 50,000 per microliter in order to lower the risk for bleeding. Nplate® is not used to make your platelet count normal. It is not known if Nplate® works or if it is safe in people under the age of 1.



Learn about the possibility of going off-treatment at [Nplate.com/remission](https://Nplate.com/remission)

**Please see Important Safety Information on pages 14 and 15.**

# WHAT IS ITP?

## **ITP is an autoimmune disease that lowers the body's platelet count**

Some people find out they have ITP because they have symptoms, while others show no symptoms.

### **Some ITP symptoms may include:**

- Small red dots on the skin caused by broken blood vessels (petechiae)
- Purple spots on the skin (purpura)
- Bruising on the arms and legs resulting from seemingly minor bumps (ecchymosis)
- Frequent or heavy nosebleeds (epistaxis)
- Heavy bleeding during menstruation (menorrhagia)
- Bleeding from the gums (gingival bleeding)
- Blood in the urine (hematuria)

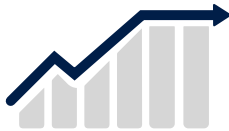


Because of the peaks and valleys of platelet counts, living with ITP can be unpredictable and feel like a roller coaster

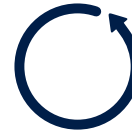
**Treatment can help, and so can Nplate® materials and tools at [Nplate.com/savings-support](https://Nplate.com/savings-support)**

# HOW DO I MANAGE MY PLATELET COUNTS?

**While there is no cure for ITP, gaining platelet stability is key**



Some people may achieve stability even after stopping ITP treatment, called **treatment-free remission**. This means their platelet counts remained stable and above 50,000 even after stopping treatment.



Other people may **require ongoing medication** to keep their platelet count stable and above 50,000.

**DID YOU  
KNOW**



Platelets are important for clotting. A platelet count of at least 50,000 can reduce the risk of bleeding



# HOW DO ITP TREATMENTS WORK?

## There are different types of medications to treat ITP

SOME TREATMENTS HELP LIMIT YOUR BODY FROM DESTROYING PLATELETS, WHILE OTHER TREATMENTS HELP YOUR BODY TO MAKE MORE PLATELETS

While steroids are commonly used as a first treatment, they can **suppress your immune system**. Most people will eventually need a second or different type of medication.

If you and your doctor decide it's time for you to stop taking steroids, or if they stop working, you may need another type of medication to help get your platelet counts up.



### DID YOU KNOW ?

If and when people need to stop treatment with steroids, it can be for different reasons, such as: steroids stop working well enough, they've experienced side effects, or their doctors decided they have been on it long enough.

**In fact, steroids are now recommended for no more than 6 weeks by the American Society of Hematology**



# HOW DO ITP TREATMENTS WORK? (cont'd)

## There are different types of medications to treat ITP (cont'd)

### PLATELET BOOSTERS INCREASE PLATELETS TO REDUCE THE RISK OF BLEEDING

Unlike steroids, other treatments work with your body to **boost and maintain** platelet counts. They may even help you end treatment.



See how others with ITP talk to their doctors about their treatment possibilities at [Nplate.com/talk](https://www.nplate.com/talk)



## WHAT IS NPLATE®?

**Once-weekly Nplate® is a platelet booster that works with your body to create more platelets**

Nplate® does not work by suppressing the immune system. Instead, it increases the activity of the cells that naturally produce platelets. When used after steroids, Nplate® can provide **stability in platelet counts and may lead to treatment-free remission.**

### HOW NPLATE® WAS STUDIED:

- Effectiveness and safety of Nplate® were studied in adults with ITP who had been diagnosed in the past 6 months
- Main objective: how patients' platelets responded to Nplate®
- Secondary objective: how many patients achieved remission, meaning platelet counts stayed above 50,000 for at least 6 months without any ITP treatment



It's important to talk with your doctor about treatment decisions.  
Ask your doctor if remission is possible for you

**Get the conversation going by downloading the Conversation Starter at [Nplate.com/start](https://Nplate.com/start)**

### Important Safety Information

Nplate® can cause serious side effects: worsening of a precancerous blood condition to a blood cancer (leukemia) in patients with myelodysplastic syndromes (MDS); higher risk for blood clots.

**Please see additional Important Safety Information on pages 14–15.**

“ After steroids, I was able to  
get my platelet levels to the  
right place with Nplate® ”  
— Patient on Nplate®

# HOW CAN NPLATE<sup>®</sup> HELP ME TAKE CONTROL OF MY PLATELETS?

**Nplate<sup>®</sup> can quickly boost and sustain platelet counts**

## PLATELET STABILITY

In a yearlong study of 75 adults with ITP, **6 out of 10** people kept their platelet counts at or above 50,000 for 11 or more months.



## DID YOU KNOW ?

**Nplate<sup>®</sup> can boost your platelet count as soon as after 1 dose.** The majority of people reached a platelet count of at least 50,000 after 1 to 3 weekly doses

## Important Safety Information

Nplate<sup>®</sup> can cause serious side effects: worsening of a precancerous blood condition to a blood cancer (leukemia) in patients with myelodysplastic syndromes (MDS); higher risk for blood clots.

**Please see additional Important Safety Information on pages 14–15.**

# HOW CAN NPLATE® HELP ME TAKE CONTROL OF MY PLATELETS? (cont'd)

**Nplate® can help people with ITP achieve remission, so they can stop treatment**

## TREATMENT-FREE REMISSION



About **1 in 3 adults** went into treatment-free remission with Nplate®.

This means their platelet counts **reached and stayed above 50,000** so that they were able to **stop any ITP treatment for at least 6 months**.



About **half of adults** achieved remission by about **6 months** with Nplate®.

However, the time it took to reach remission varied from less than 2 months to more than 13 months.



**Start and Stay on Nplate®.** Give Nplate® a try to see how your platelets respond  
To track your progress, download the Dose and Platelet Tracker at **[Nplate.com/track](https://www.nplate.com/track)**

## Important Safety Information

Nplate® can cause serious side effects: worsening of a precancerous blood condition to a blood cancer (leukemia) in patients with myelodysplastic syndromes (MDS); higher risk for blood clots.

**Please see additional Important Safety Information on pages 14–15.**

# WHAT ARE THE POSSIBLE SIDE EFFECTS?

**In the clinical trials of Nplate<sup>®</sup>, the most common side effect was headache**

Other common side effects include:

- joint pain
- dizziness
- trouble sleeping
- muscle tenderness or weakness
- pain in the arms and legs
- stomach (abdominal) pain
- shoulder pain
- tingling or numbness in hands and feet
- bronchitis
- inflammation of the sinuses (sinusitis)
- vomiting
- diarrhea
- upper respiratory tract infection
- cough
- nausea
- pain in mouth and throat (oropharyngeal pain)

Nplate<sup>®</sup> may cause serious side effects. See pages 14–15 for more information.

## DID YOU KNOW

**In a long-term study of Nplate<sup>®</sup>, side effects were mostly mild to moderate and didn't get worse over time**







# WHAT CAN I EXPECT WITH NPLATE<sup>®</sup>?

## **Nplate<sup>®</sup> is here for you with personalized dosing based on weekly platelet counts**

- Doctors can adjust the amount of Nplate<sup>®</sup> to find the right dose to keep your platelet levels stable
- If your platelet counts stay high enough, your doctor may be able to decrease the amount of Nplate<sup>®</sup>, or even stop your treatment

## **While taking Nplate<sup>®</sup>:**



Enjoy calcium-rich foods like dairy



Eat when you want — and you don't have to stop taking other medications



You don't have to follow a pill schedule, because Nplate<sup>®</sup> is a once-weekly shot

## **DID YOU KNOW ?**

81% of Nplate<sup>®</sup> claims have \$0 out-of-pocket (OOP) costs for the patient\*

If you and your doctor decide Nplate<sup>®</sup> is right for you, Amgen Assist 360<sup>™</sup> is here to help. Visit [AmgenAssist360.com/patient](https://AmgenAssist360.com/patient)

\*Among the 19% of Nplate<sup>®</sup> claims where patients had OOP costs, most claims (72%) had an OOP cost of less than \$400. Data based on Symphony Health Solutions claims data. 24,199 Nplate<sup>®</sup> claims were identified between 1/1/2019-12/31/2019 for all payors, including commercial and government.

## **Important Safety Information**

Nplate<sup>®</sup> can cause serious side effects: worsening of a precancerous blood condition to a blood cancer (leukemia) in patients with myelodysplastic syndromes (MDS); higher risk for blood clots.

**Please see additional Important Safety Information on pages 14–15.**

# NPLATE® SUPPORT FROM EVERY ANGLE

**Amgen Nurse Navigators\* for your support and questions**



- Single point of contact through our Nurse Navigators
- Financial support options for any insurance type
- Get answers to medication questions
- Find resources for day-to-day living†

Call **1-888-4ASSIST (1-888-427-7478)** to speak to an Amgen Nurse Navigator, Monday through Friday, 9 AM to 8 PM ET or visit **[Nplate.com/navigator-sign-up](https://www.nplate.com/navigator-sign-up)**.



## Get Nplate® when you're on the go

No matter where you are or plan on going, our ITP Specialist Finder can help locate a doctor who can administer Nplate® to you.

Visit **[Nplate.com/finder](https://www.nplate.com/finder)** to get started

\*Amgen Nurse Navigators are only available to patients that are prescribed certain products. Nurse Navigators are there to support, not replace, your treatment plan and do not provide medical advice or case management services. Patients should always consult their healthcare provider regarding medical decisions or treatment concerns.

†Resources include referrals to independent nonprofit patient assistance programs. Eligibility for resources provided by independent nonprofit patient assistance programs is based on the nonprofits' criteria. Amgen has no control over these programs and provides referrals as a courtesy only.

# IMPORTANT SAFETY INFORMATION

## What is the most important information I should know about Nplate®?

Nplate® can cause serious side effects, including:

- **Worsening of a precancerous blood condition to a blood cancer (leukemia):** Nplate® is not for use in people with a precancerous condition called myelodysplastic syndromes (MDS), or for any condition other than immune thrombocytopenia (ITP). If you have MDS and receive Nplate®, your MDS condition may worsen and become an acute leukemia. If MDS worsens to become acute leukemia you may die sooner from the acute leukemia.
- **Higher risk for blood clots:**
  - You may have a higher risk of getting a blood clot if your platelet count becomes high during treatment with Nplate®. You may have severe complications or die from some forms of blood clots, such as clots that spread to the lungs or that cause heart attacks or strokes.
  - If you have a chronic liver disease, you may get blood clots in the veins of your liver. This may affect your liver function.
- **What are the possible side effects of Nplate®?**
  - Nplate® may cause serious side effects. See “What is the most important information I should know about Nplate®?”
  - The most common side effects of Nplate® in adults include:
 

• headache	• pain in arms and legs	• bronchitis	• cough
• joint pain	• stomach (abdomen) pain	• inflammation of the sinuses (sinusitis)	• nausea
• dizziness	• shoulder pain	• vomiting	• pain in mouth and throat (oropharyngeal pain)
• trouble sleeping	• indigestion	• diarrhea	
• muscle tenderness or weakness	• tingling or numbness in hands and feet	• upper respiratory tract infection	

*Continued on the next page.*

# IMPORTANT SAFETY INFORMATION (cont'd)

## What is the most important information I should know about Nplate<sup>®</sup>? (cont'd)

- People who take Nplate<sup>®</sup> may have an increased risk of developing new or worsening changes in the bone marrow called “increased reticulín.” These changes may improve if you stop taking Nplate<sup>®</sup>. Your healthcare provider may need to check your bone marrow for this problem during treatment with Nplate<sup>®</sup>.
  - These are not all the possible side effects of Nplate<sup>®</sup>. Tell your healthcare provider if you have any side effect that bothers you or that does not go away. For more information, ask your healthcare provider or pharmacist.
  - If you have any questions about this information, be sure to discuss with your doctor. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.
- **How will I receive Nplate<sup>®</sup>?**
    - Nplate<sup>®</sup> is given as an injection under the skin (subcutaneous) one time each week by your healthcare provider. Your healthcare provider will check your platelet count every week and change your dose of Nplate<sup>®</sup> as needed. This will continue until your healthcare provider decides that your dose of Nplate<sup>®</sup> can stay the same. After that, you will need to get blood tests every month. When you stop receiving Nplate<sup>®</sup>, you will need blood tests for at least 2 weeks to check if your platelet count drops too low.

**Please see Prescribing Information and Medication Guide for more information about Nplate<sup>®</sup> on [Nplate.com](http://Nplate.com).**



Nplate® has been helping patients with ITP treatment for more than a decade, with proven efficacy and safety in 4 clinical studies of adults with ITP

“ My hematologist told me that Nplate® may not have to be taken indefinitely. Some people go into remission while taking Nplate® ”  
— Patient on Nplate®



Take control with Nplate®

Learn more about how people with ITP achieved treatment-free remission at [Nplate.com/remission](https://Nplate.com/remission)



## Important Safety Information

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 **Nplate®**  
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