For chronic immune thrombocytopenia (ITP)

HAVE YOU GOT THE PLATELETS?

Approved Uses: Nplate® is a prescription medicine used to treat low blood platelet counts (thrombocytopenia) in:

- adults with chronic immune thrombocytopenia (ITP) when certain medicines or surgery to remove your spleen have not worked well enough.
- children 1 year of age and older with ITP for at least 6 months when certain medicines or surgery to remove the spleen have not worked well enough.

Nplate® is not for use in people with a precancerous condition called myelodysplastic syndrome (MDS) or low platelet count caused by any condition other than chronic (lasting a long time) immune thrombocytopenia (ITP). Nplate® is only used if your low platelet count and medical condition increase your risk of bleeding. Nplate® is used to try to keep your platelet count about 50,000 per microliter in order to lower the risk for bleeding. Nplate® is not used to make your platelet count normal. It is not known if Nplate® works or if it is safe in people under the age of 1.

Please see Important Safety Information on pages 16-18.
People living with chronic immune thrombocytopenia (ITP) may have tried other treatments, like steroids, and may have experienced mixed results, or side effects from treatment. In fact, living with ITP can sometimes feel like a roller coaster ride. If you or your child have felt disappointed with treatments so far, you may be looking for more stability.

**Learn about the once-weekly treatment option**

- Why managing platelets is important
- How Nplate® may help
- What to expect with Nplate® treatment
- How Nplate® is given

**Important Safety Information**

Nplate® can cause serious side effects: worsening of a precancerous blood condition to a blood cancer (leukemia) in patients with myelodysplastic syndromes (MDS) and higher risk for blood clots.

Please see additional Important Safety Information on pages 16-18.
WHY IS MANAGING PLATELET LEVELS IMPORTANT?

Platelets help clot blood, which helps to stop bleeding. ITP is an autoimmune disease that attacks the body’s platelets, so there aren’t enough platelets in the blood. When a platelet count is low, bruising and bleeding may occur.

A normal platelet count is between 150,000 AND 450,000 platelets per microliter.

ITP is usually diagnosed when platelet levels drop BELOW 100,000 per microliter.

A platelet count of at least 50,000 PER MICROLITER can reduce the risk of bleeding.
WHY IS MANAGING PLATELET LEVELS IMPORTANT?

Setting Goals With Your Healthcare Team

When managing chronic ITP with the doctor, it may help to set a platelet count goal that can be sustained over time. Talk to the doctor about what’s right for you or your child. Remember that raising platelets above 50,000 per microliter helps reduce the risk of bleeding.

Setting Expectations

Because platelet counts can rise and fall even if a treatment is working, your healthcare team will try to keep them within a certain range rather than at an exact number.

Setting a Target Range

You’ll work together with the doctor to set a target range for platelet counts. The doctor may prescribe platelet boosters, which are treatments that aim to reduce the risk of bleeding by increasing platelet counts.
There are a few things you should know about Nplate®:

- Nplate® may be the next step for adults and children for whom one or more ITP treatments have not worked well enough
- It’s a once-weekly injection given by a doctor or nurse
- It’s been trusted by doctors for adult patients for over 10 years
- It works by increasing the activity of the cells that naturally produce platelets

Normally, the body uses a protein called thrombopoietin, or TPO, to tell its bone marrow cells to make platelets. Nplate® mimics this protein, so cells make more platelets.

**NPLATE® HAS BEEN PROVEN TO BOOST AND SUSTAIN PLATELETS**

at a stable level above 50,000 per microliter

**Important Safety Information**
Nplate® can cause serious side effects: worsening of a precancerous blood condition to a blood cancer (leukemia) in patients with MDS and higher risk for blood clots.

Please see additional Important Safety Information on pages 16–18.
NPLATE® FOR ADULTS

The effectiveness and safety of Nplate® in adult chronic ITP have been studied in multiple medical studies, including:

- 2 studies that looked at how patients responded to Nplate® compared to a placebo
- A study that looked at the long-term safety of Nplate®

Some people started taking Nplate® while still on other ITP medicines. Most of them were able to either stop these medicines or take less of them after starting Nplate®.

8 OUT OF 10 PATIENTS
were able to raise their platelet counts to 50,000 platelets per microliter or higher

The majority of patients reached a count of at least 50,000 platelets per microliter after just 1–3 doses.

Important Safety Information
Nplate® can cause serious side effects: worsening of a precancerous blood condition to a blood cancer (leukemia) in patients with MDS and higher risk for blood clots.

Please see additional Important Safety Information on pages 16–18.

Ask your doctor if Nplate® is right for you.
NPLATE® FOR CHILDREN

The effectiveness and safety of Nplate® in children with ITP have been studied in 5 medical studies.

- 2 studies looked at how pediatric patients responded to Nplate® compared to a placebo
- 3 studies looked at the long-term safety profile of Nplate® in pediatric patients

7 OUT OF 10 PATIENTS
were able to raise their platelet counts to 50,000 platelets per microliter or higher

Important Safety Information
Nplate® can cause serious side effects: worsening of a precancerous blood condition to a blood cancer (leukemia) in patients with MDS and higher risk for blood clots.

Please see additional Important Safety Information on pages 16-18.

Ask your child’s doctor if Nplate® is right for them.
WHAT TO EXPECT
WHEN TAKING NPLATE®

Nplate® is the only once-weekly platelet booster. While other ITP treatments may require you to plan meals around a pill schedule or stop taking other medicines, Nplate® does not.

Important Safety Information
Nplate® can cause serious side effects: worsening of a precancerous blood condition to a blood cancer (leukemia) in patients with MDS and higher risk for blood clots.

Please see additional Important Safety Information on pages 16–18.
WHAT ARE THE POSSIBLE SIDE EFFECTS OF NPLATE®?

Nplate® may cause serious side effects. See “What is the most important information I should know about Nplate®?” (pages 16-18).

The most common side effects of Nplate® in adults include:

- headache
- joint pain
- dizziness
- trouble sleeping
- muscle tenderness or weakness
- pain in arms and legs
- stomach (abdomen) pain
- shoulder pain
- indigestion
- tingling or numbness in hands and feet

The most common side effects of Nplate® in children 1 year of age and older include:

- inflammation of the passages in the nose and throat
- upper respiratory tract infection
- itchy, runny, or blocked nose
- sore throat and discomfort with swallowing
- inflammation of the eye
- ear infection
- inflammation in the lining of the intestines
- inflammation of the sinuses
- cough
- pain in mouth and throat
- upper stomach (abdomen) pain
- diarrhea
- rash
- bleeding beneath the surface of the skin or bruising under the skin
- itchy rash
- fever
- swelling in the limbs/hands/feet
- bruising
HOW IS **NPLATE® GIVEN?**

Nplate® is given once a week as an injection under the skin by a member of your healthcare team. These weekly visits can help with staying on track to raise and sustain platelet levels.

**Personalized Treatment**
Doctors can increase or decrease the amount of Nplate® given to find the right dose to keep platelet levels stable.

**Tracking Progress**
Platelet counts will be regularly measured to make sure the patient is responding to treatment.

**Partner With Your Healthcare Team**
During weekly visits, keep your healthcare team updated about any changes.

- **Staying on Nplate®** can help raise and sustain platelet production over time.
- **If you or your child misses a scheduled dose of Nplate®,** make sure to schedule the next dose as soon as possible.

**Important Safety Information**
Nplate® can cause serious side effects: worsening of a precancerous blood condition to a blood cancer (leukemia) in patients with MDS and higher risk for blood clots.

Please see additional Important Safety Information on pages 16-18.
Stay organized with the Nplate® Dose and Platelet Tracker.
IS THERE PERSONALIZED SUPPORT?

If you’ve been prescribed Nplate®, you might have questions about your medicine, how it may be covered by your insurance, or resources within your community. That’s why we created Nplate® Navigator – so you have a single place to go to find the support, tools, and resources* most important to you.

Medication Answers
Nplate® Navigator Nurse Ambassadors† may help you find answers to questions about Nplate®.

Assistance Finding an ITP Specialist Near You
Planning to travel or relocate? Call Nplate® Navigator to get help finding an ITP specialist near your location.

*Resources include referrals to independent nonprofit patient assistance programs. Eligibility for resources provided by independent nonprofit patient assistance programs is based on the nonprofits’ criteria. Amgen has no control over these programs and provides referrals as a courtesy only.

†Nplate® Navigator Nurse Ambassadors are only available to patients that are prescribed certain products. Nurses are there to support, not replace, your treatment plan and do not provide medical advice or case management services. Patients should always consult their healthcare provider regarding medical decisions or treatment concerns.
IS THERE PERSONALIZED SUPPORT?

Co-pay and Reimbursement Resources*
Whatever type of insurance you have—even if you have none—Nplate® Navigator can help you understand how your Nplate® medicine may be covered, and refer you to programs that may be able to help you afford it.

Call 1-855-7Nplate (1-855-767-5283) to speak to a Nurse Ambassador, Monday–Friday 9 AM–9 PM ET.

Did You Know?
72% of Nplate® claims have $0 out-of-pocket costs for the patient.†

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†Among the 28% of Nplate® claims where patients had out-of-pocket (OOP) costs, most claims (61%) had an OOP cost of less than $300. Data based on Symphony Health Solutions claims data. 7,298 Nplate® claims were identified between 1/1/2017 – 12/31/2017 for all payors, including commercial and government.
IMPORTANT SAFETY INFORMATION

What is the most important information I should know about Nplate®?

Nplate® can cause serious side effects, including:

- **Worsening of a precancerous blood condition to a blood cancer (leukemia):** Nplate® is not for use in people with a precancerous condition called myelodysplastic syndromes (MDS) or for any condition other than chronic (lasting a long time) immune thrombocytopenia (ITP). If you have MDS and receive Nplate®, your MDS condition may worsen and become an acute leukemia. If MDS worsens to become acute leukemia you may die sooner from the acute leukemia.

- **Higher risk for blood clots:**
  - You may have a higher risk of getting a blood clot if your platelet count becomes high during treatment with Nplate®. You may have severe complications or die from some forms of blood clots, such as clots that spread to the lungs or that cause heart attacks or strokes.
  - If you have a chronic liver disease, you may get blood clots in the veins of your liver. This may affect your liver function.

- **What are the possible side effects of Nplate®?**
  - Nplate® may cause serious side effects. See “What is the most important information I should know about Nplate®?”
  - The most common side effects of Nplate® in adults include:
    - headache
    - joint pain
    - dizziness
    - trouble sleeping
    - muscle tenderness
    - or weakness
    - pain in arms and legs
    - stomach (abdomen) pain
    - shoulder pain
    - indigestion
    - tingling or numbness
    - in hands and feet
The most common side effects of Nplate® in children 1 year of age and older include:
- inflammation of the passages in the nose and throat
- upper respiratory tract infection
- itchy, runny, or blocked nose
- sore throat and discomfort with swallowing
- inflammation of the eye
- ear infection
- inflammation in the lining of the intestines
- inflammation of the sinuses
- cough
- pain in mouth and throat
- upper stomach (abdomen) pain
- diarrhea
- rash
- bleeding beneath the surface of the skin or bruising under the skin
- itchy rash
- swelling in the limbs/hands/feet
- bruising

People who take Nplate® may have an increased risk of developing new or worsening changes in the bone marrow called “increased reticulin.” These changes may improve if you stop taking Nplate®. Your healthcare provider may need to check your bone marrow for this problem during treatment with Nplate®.

These are not all the possible side effects of Nplate®. Tell your healthcare provider if you have any side effect that bothers you or that does not go away. For more information, ask your healthcare provider or pharmacist.

If you have any questions about this information, be sure to discuss with your doctor. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.
**IMPORTANT SAFETY INFORMATION**

**How will I receive Nplate®?**
Nplate® is given under the skin (subcutaneous injection) one time each week by your healthcare provider. Your healthcare provider will check your platelet count every week and change your dose of Nplate® as needed. This will continue until your healthcare provider decides that your dose of Nplate® can stay the same. After that, you will need to get blood tests every month. When you stop receiving Nplate®, you will need blood tests for at least 2 weeks to check if your platelet count drops too low.

**Pregnancy Surveillance Program:** Women who become pregnant during Nplate® treatment are encouraged to enroll in Amgen’s Pregnancy Surveillance Program. The purpose of this program is to collect safety information about the health of you and your baby. Contact the program as soon as you become aware of the pregnancy, or ask your healthcare provider to contact the program for you. You or your healthcare provider can get information and enroll in the program by calling **1-800-77-AMGEN (1-800-772-6436)**.

Please see **Prescribing Information and Medication Guide** for more information about Nplate® on Nplate.com.
Be prepared for doctor appointments by keeping important information in our Dose and Platelet Tracker. Download your copy at Gotplatelets.com.
LEARN MORE ABOUT
THE ONCE-WEEKLY OPTION

Visit Gotplatelets.com.

Please see Important Safety Information on pages 16-18.