



Call to talk to a registered nurse **1-855-7Nplate** (1-855-767-5283), Monday–Friday, 9:00 AM–9:00 PM ET

## Indication

Nplate® is a man-made protein medicine used to treat low blood platelet counts in adults with chronic immune thrombocytopenia (ITP), when certain other medicines, or surgery to remove your spleen, have not worked well enough.

Nplate® is not for use in people with a precancerous condition called myelodysplastic syndrome (MDS) or low platelet count caused by any condition other than chronic (lasting a long time) immune thrombocytopenia (ITP). Nplate® is only used if your low platelet count and medical condition increase your risk of bleeding. Nplate® is used to try to keep your platelet count about 50,000 per microliter in order to lower the risk for bleeding. Nplate® is not used to make your platelet count normal. It is not known if Nplate® works or if it is safe in people under the age of 18.

## 1. Please fill out your personal information.

Today's date \_\_\_\_\_ My name \_\_\_\_\_

My doctor's name \_\_\_\_\_ My most recent platelet count \_\_\_\_\_

## 2. Bleeding symptom(s) I have recently experienced

*Please check all that apply.*

- |   |  |                               |
|---|--|-------------------------------|
| <input type="checkbox"/> Bruising (purpura)   | <input type="checkbox"/> Mouth blisters/bleeds | <input type="checkbox"/> None |
| <input type="checkbox"/> Bloody nose  | <input type="checkbox"/> Other _____           |                               |
| <input type="checkbox"/> Heavy period   | _____  |                               |
| <input type="checkbox"/> Tiny red dots on the skin caused by broken blood vessels (petechiae) | _____  |                               |

## 3. Some important things that my doctor should know about me

*Please check all that apply.*

- |  |  |
|--|--|
| <input type="checkbox"/> I have had surgery to remove my spleen (splenectomy).                                     | <input type="checkbox"/> I am pregnant, or I am thinking about or planning to become pregnant.                     |
| <input type="checkbox"/> I have a bone marrow problem, including a blood cancer or myelodysplastic syndrome (MDS). | <input type="checkbox"/> I am breastfeeding or I am planning to breastfeed.  |
| <input type="checkbox"/> I have had a blood clot.  | <input type="checkbox"/> I have been diagnosed with chronic ITP. (If yes, go to <b>4</b> , if no, go to <b>5</b> ) |
| <input type="checkbox"/> I have had bleeding problems (specify).   |  |

## Important Safety Information

- Nplate® can cause serious side effects: worsening of a precancerous blood condition to a blood cancer (leukemia) in patients with MDS, higher risk for blood clots, and loss of response.
- In medical studies with Nplate®, headache was the most common side effect.

Please see additional Important Safety Information on page 5. Please see [Prescribing Information and Medication Guide](#) on [www.nplate.com](http://www.nplate.com) for more information about Nplate®.

#### 4. My recent chronic ITP treatment history

##### My recent chronic ITP treatment history

How long have you been diagnosed with ITP? \_\_\_\_\_

I am currently not taking any treatment for my chronic ITP.

Please check all that apply, indicating whether it is your previous or current treatment.

##### Surgery

Splenectomy (removal of spleen)

##### Previous treatment

##### Planned treatment

##### Medication given by injection or infusion

Rho(D) Immune Globulin (anti-D antibody)

##### Previous treatment

##### Current treatment

Cyclophosphamide\*

Intravenous immune globulin (IVIG)

Rituxan® (rituximab)\*

Nplate® (romiplostim)

Vincristine\*

##### Oral medication (taken by mouth)

##### Previous treatment

##### Current treatment

Oral corticosteroid (for example, prednisone, prednisolone, dexamethasone)

Imuran® (azathioprine)\*

Danazol (danocrine)\*

Aczone® (dapson)\*

CellCept® (mycophenolate mofetil)\*

Promacta® (eltrombopag)\*

##### Other

##### Previous treatment

##### Current treatment

For example, reiki, acupuncture, macrobiotics, chlorophyll, vitamin C

\*Not FDA-approved for the treatment of chronic ITP.

Rituxan® is a registered trademark of Genentech Inc.

Nplate® is a registered trademark of Amgen Inc.

Promacta® is a registered trademark of GlaxoSmithKline.

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### 5. My current overall health status

*Please check all that apply.*

- Diagnosed health conditions (eg, ITP, diabetes, high blood pressure)

List conditions: \_\_\_\_\_

- Other medications I am taking (prescription and OTC)

List medications: \_\_\_\_\_

- Vitamins, supplements, and herbal products I am taking

List products: \_\_\_\_\_

### 6. Changes since my last reported health status

*Please check all that apply.*

- Pregnancy

- Newly diagnosed conditions

List conditions: \_\_\_\_\_

- New symptoms

List symptoms: \_\_\_\_\_

- New medications or supplements

List medications or supplements: \_\_\_\_\_

### 7. My upcoming health-related events

*Please check all that apply.*

- Surgery

List type of surgical procedure: \_\_\_\_\_

- Dental work

List type of procedure: \_\_\_\_\_

- New medications or physical therapy

List medications or type of physical therapy: \_\_\_\_\_

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**8. Regular activities I enjoy** (health conditions permitting)

*Please check all that apply.*

- |   |                                       |  |
|---|---------------------------------------|--|
| <input type="checkbox"/> Volleyball       | <input type="checkbox"/> Golf         | <input type="checkbox"/> Traveling           |
| <input type="checkbox"/> Going out to eat | <input type="checkbox"/> Bowling      | <input type="checkbox"/> Going to the movies |
| <input type="checkbox"/> Soccer           | <input type="checkbox"/> Cycling      | <input type="checkbox"/> Horseback riding    |
| <input type="checkbox"/> Camping          | <input type="checkbox"/> Jogging      | <input type="checkbox"/> Other _____         |
| <input type="checkbox"/> Walking          | <input type="checkbox"/> Hiking       | _____  |
| <input type="checkbox"/> Working out      | <input type="checkbox"/> Reading      | _____  |
| <input type="checkbox"/> Swimming         | <input type="checkbox"/> Entertaining | <input type="checkbox"/> None                |

**Notes**

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## Important Safety Information

What is the most important information I should know about Nplate<sup>®</sup>?

Nplate<sup>®</sup> can cause serious side effects:

- **Worsening of a precancerous blood condition to a blood cancer (leukemia):** Nplate<sup>®</sup> is not for use in people with a precancerous condition called myelodysplastic syndromes (MDS) or for any condition other than chronic (lasting a long time) immune thrombocytopenia (ITP). If you have MDS and receive Nplate<sup>®</sup>, your MDS condition may worsen and become an acute leukemia. If MDS worsens to become acute leukemia you may die sooner from the acute leukemia.
- **Higher risk for blood clots:**
  - You may have a higher risk of getting a blood clot if your platelet count becomes high during treatment with Nplate<sup>®</sup>. You may have severe complications or die from some forms of blood clots, such as clots that spread to the lungs or that cause heart attacks or strokes. Your healthcare provider will check your blood platelet counts and change your dose or stop Nplate<sup>®</sup> if your platelet counts get high.
  - If you have a chronic liver disease, you may get blood clots in the veins of your liver. This may affect your liver function.
- **Loss of response:** If you do not experience results from Nplate<sup>®</sup>, your immune system may have created a response that is counteractive to Nplate<sup>®</sup>. Your healthcare provider will monitor your platelet counts and test your blood regularly to determine if this is an issue.
- **Blood test monitoring:** Your healthcare provider will check your platelet count every week and change your dose of Nplate<sup>®</sup> as needed. This will continue until your healthcare provider decides that your dose of Nplate<sup>®</sup> can stay the same. After that, you will need to have blood tests every month. When you stop receiving Nplate<sup>®</sup>, you will need blood tests for at least 2 weeks to check if your platelet count drops too low.
- **What are the possible side effects of Nplate<sup>®</sup>?**
  - Nplate<sup>®</sup> may cause serious side effects. See “What is the most important information I should know about Nplate<sup>®</sup>?”
  - The most common side effects of Nplate<sup>®</sup> are:

|                                 |  |                          |                    |
|---------------------------------|--|--------------------------|--------------------|
| - Headache                      | - Joint pain                             | - Dizziness              | - Trouble sleeping |
| - Muscle tenderness or weakness | - Pain in arms and legs                  | - Stomach (Abdomen) pain | - Shoulder pain    |
| - Indigestion                   | - Tingling or numbness in hands and feet |                          |                    |
- People who take Nplate<sup>®</sup> may have an increased risk of developing new or worsening changes in the bone marrow called “increased reticulin”. These changes may improve if you stop taking Nplate<sup>®</sup>. Your healthcare provider may need to check your bone marrow for this problem during treatment with Nplate<sup>®</sup>.
- These are not all the possible side effects of Nplate<sup>®</sup>.
- If you have any questions about this information, be sure to discuss them with your doctor. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

Please see [Prescribing Information and Medication Guide](#) for more information about Nplate<sup>®</sup>.